

Why Replace Electrolytes?

In heat stress environments, the body reacts by perspiring. When this occurs, much more is lost than water; magnesium, potassium, sodium and calcium are also sacrificed. These minerals, or 'electrolytes' are crucial to the human body in maintaining healthy muscles and a productive level of energy. When too much fluid and too many electrolytes are lost, the body becomes de-hydrated. As a result, the stage is set for heat stress or more serious injury or accident. It is possible for water alone to replace lost fluid, but water cannot replace electrolytes to a level sufficient enough to prevent heat stress. Water is considered to be even less effective when used by workers with less than perfect nutritional habits or health problems.



Why Use Sqwincher?

Sqwincher's electrolyte replacement formula is specifically designed for the high heat environments of industry.

- 50% more potassium and 50% less sodium than most competitive brands
- Absorbed by the body 98% faster than water within the 1st minute of consumption—replenishing the electrolytes lost due to perspiration and heat stress
- Taste that is preferred by workers in industrial taste tests. No salty after-taste!
- A variety of flavours and packages to choose from
- One of the most effective electrolyte replacement drinks available
- Non-carbonated—doesn't leave workers bloated or feeling heavy



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2/12 Sudbury Street
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Squwincher® is an electrolyte replacement drink scientifically formulated to replace mineral salts, replenish fluids and sugars at optimal absorption rates, which are depleted as a result of dehydration or through physical exertion. It prevents heat stress disorders and provides a supplemental source of energy plus quenches thirst.

Features & benefits:

- ✓ Caffeine free
- ✓ Low in salt
- ✓ A healthy alternative to cordial, coffee & other replacement drinks
- ✓ Safely re-hydrates workers, helps reduce fatigue, and heat stress related accidents and illness
- ✓ Economical – costs less per litre than milk



Squwincher® Concentrate

- Available in 2 litre bottles
- One 2L bottle makes up 20L
- Economical package option
- Approx \$1.40 per litre (mixed)

- SQ0028 **Lemon Lime**
- SQ0042 **Orange**
- SQ0046 **Wildberry**
- SQ0047 **Tropical Cooler**



MAKES 20 LITRES
 • Low Sodium!
 • Higher Potassium!
 • Tastes Great!



Nutrition Information	
Serving Size 180ml (ready to drink)	
	Per 180ml serving Per 100ml
Energy	130 kJ 36kJ
Protein	0.0g 0.0g
Fat	
Total	0.0g 0.0g
Saturated	0.0g 0.0g
Carbohydrate	
Total	7.9g 19.8g
Sugars	7.9g 19.8g
Sodium	22.9mg 57.3mg
Vitamin C	12.5mg 31.25mg/100ml
Potassium	18.9mg 46.3mg

WILD BERRY FLAVOURED DRINK CONCENTRATE
 SQUWINCHER, THE DRINK OF INDUSTRY, IS AN ELECTROLYTE REPLACEMENT DRINK SCIENTIFICALLY FORMULATED TO SAFELY REPLACE MINERAL SALTS, REPLENISH FLUIDS AND SUGARS AT OPTIMAL ABSORPTION RATES, WHICH ARE DEPLETED AS A RESULT OF DEHYDRATION OR THROUGH PHYSICAL EXERTION. SQUWINCHER PREVENTS OR REDUCES THE SEVERITY OF HEAT STRESS DISORDERS AND PROVIDES A SUPPLEMENTAL SOURCE OF ENERGY PLUS QUENCHES THIRST.
INGREDIENTS: WATER, SUGAR, DEXTROSE, ACID (330, 331, 332), SALT, SODIUM CHLORIDE, PRESERVATIVE (211, 202), ANTIOXIDANT (202), FLAVOURING, MINERAL SALTS (338, 343, 341, 344), COLOURING (129).

MIXING INSTRUCTIONS: MIX 1 PART CONCENTRATE TO 9 PARTS WATER - YIELDS 20 LITRES - NET 2 LITRES
 MARKETED IN AUSTRALIA BY SQUWINCHER AUSTRALIA PTY LTD.
 PLEASE VISIT OUR WEBSITE www.squwincher.com.au
 FOR MORE INFORMATION CALL (07) 3374 4544
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Squwincher® is an electrolyte replacement drink scientifically formulated to replace mineral salts and replenish fluids at optimal absorption rates, which are depleted as a result of dehydration or through physical exertion. It prevents heat stress disorders and quenches thirst.

New! 0 Carbs
0 Calories
100% Squwincher



Squwincher® Lite

- Recommended as the perfect solution for anyone who monitors their overall daily intake of carbs and calories
- Same electrolyte content as regular Squwincher®
- High in potassium and low in sodium
- Aids the body in replenishing essential elements lost to heat stress and fatigue
- But contains zero calories and zero carbs.
- Available in 2 litre bottles
- Sugar free
- Caffeine free
- Low in salt

SQ0048 Lemon Lime
SQ0049 Orange



NUTRITIONAL INFORMATION

SERVINGS PER PACKAGE: 111

Serving size: 180ml (ready to drink)

	Average Quantity per 180ml serving	Average Quantity per 100ml	
Energy	Less than 40kJ		
Protein	0.0g	0.0g	
Carbohydrate,			
- total	0.0g	0.0g	
- sugars	0.0g	0.0g	
Fat - total	0.0g	0.0g	
- saturated	0.0g	0.0g	
Sodium	41mg (1.8mmol)	23mg (1.8mmol)	
Potassium	34mg (1.8mmol)	19mg (1.8mmol)	
Calcium	0.4mg (1.8mmol)	0.23mg (1.8mmol)	



Industrial Safety Products

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Sqwincher® 20L Cooler – SQ01

Sqwincher® 20L Cooler



New Improvements

Improved handle design

Re-designed handle for greater flexibility, non-slip grip and additional strength with new structural rib

Improved design of handle securing mechanism

Re-tooled mould to incorporate locks to hold the internal handle-locking clip more securely

Improved lid design

Re-designed lid is now a plunger style lid that prevents leakage when mobile and incorporates finger-tip access that allows for easier removal of the lid

Sqwincher® 20L Cooler

- Sqwincher industrial strength coolers are made to last
- Keeps fluid cold for hours
- High visibility yellow
- All plastic rust proof construction with UV inhibitors to prevent fading
- Mix 1 x bottle of Sqwincher® with water and ice, & you have 20 litres ready to drink.
- Each serve in this form can cost less than an equivalent serve of milk
- An ideal re-hydration station for your workers
- Cup dispenser bracket fitted to all coolers

SQ01



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SQWINCHER VS. WATER



If your company is using water alone to prevent heat stress, the cost may surprise you. How much does a trip to the hospital for one of your employees cost? How about lost time, lost productivity and medical treatment costs? The decision to use water alone, could cost your company a significant amount of money.

In heat stress environments, the body reacts by perspiring. When this occurs, much more is lost than water; magnesium, potassium, sodium and calcium are also sacrificed. These minerals, or 'electrolytes' are crucial to the human body in maintaining healthy muscles and a productive level of energy. When too much fluid and too many electrolytes are lost, the body becomes dehydrated. As a result, the stage is set for heat stress or more serious injury or accident. It is possible for water alone to replace lost fluid, but water cannot replace electrolytes to a level sufficient enough to prevent heat stress. Water is considered to be even less effective when used by workers with less than perfect nutritional habits or health problems



Fortunately, there is a better option, Sqwincher®. Sqwincher's electrolyte replacement formula is specifically designed for the high heat environments of industry. With 50% more potassium and 50% less sodium than other popular drinks used in industry, Sqwincher offers workers one of the most effective electrolyte replacement drinks currently available. Absorbed by the body 98% faster than water, great tasting Sqwincher does more than re-

place lost fluids. It replenishes the electrolytes and minerals lost due to perspiration, elements critical for proper hydration, something that pure water does not do. And, unlike pure water, Sqwincher does not leave your workers feeling bloated or heavy. What's more, workers say they prefer the taste of Sqwincher. For this reason, they use the product on a more consistent basis: protecting themselves in heat-stress environments and protecting their employers against lost time and escalating medical treatment costs.

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SQWINCHER® FAST PACK



Each individual package becomes a drinking cup, producing a handy 180ml single serving of finished drink when water is added. A great idea for anyone on the move, whether it be working, hiking, biking, backpacking, or sports. Whenever thirst is an issue, Squwincher® Fast Pack is the perfect solution to combat the severe effects that come with perspiration and dehydration.

No mess, no mixing. Add water and enjoy!

Squwincher® is more than a mere drink. It replaces the necessary electrolytes lost during perspiration and body fatigue. Absorbed 98% faster than water alone, Squwincher's electrolyte formula protects the body by keeping it properly hydrated to keep individual's at their peak performance levels.



SQ0066 Lemon-Lime
SQ0097 Orange
SQ0098 Tropical Cooler

Great for mobile outdoor workers, such as contractors, councils, pipeline & rail maintenance, telecommunications, machine maintenance, forestry, marine, drivers and fire & emergency services. Ideal for use on ration packs, first aid kits and perfect for providing portion control.



tear off the top



fill with cool h₂O



drink & enjoy !!!



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